# Scout Adventures –Broadstone Warren

## Activity Risk Assessments (Generic and Element Specific)

This document contains the risk assessment and controls for each of our activities on the centre.

#### Off Ground activities:

o Abseilo Climbing

- o Leap of Faith
- o Jacobs Ladder

Low Rope

o Pedal Go carts

Sensory Trail

o Orienteering

o Pioneering

- o Gauntlet
- o Zip Wire

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#### On Ground activities:

o Cargo Net

- o Archery
- o Backwoods Cooking

o Crate Stacking

- o Camp Fire/Fire Lighting
- o Evening Sessions
- o Fencing
- To use this risk assessment:
  - 1) Read the Generic risk assessment, THEN
  - 2) Read the Element specific risk assessment for the activity.

The controls in the risk assessments are split into 4 categories:

\$	<b>Systematic Controls</b> – these are processes or management actions. They happen outside of the instructed session time.
<b>\$</b> >>>	What to say – these are instructions or information that the instructor leading the session has to give to the participants.
₩	What to do – these are actions that the instructor leading the session has to take either before or during the session.
Q	What to check – these are the key things the instructor leading the session must confirm – they can be either physical things or participant understanding.

#### Severity Factor & Remaining Risk Assessment

The following descriptors are used in each risk assessment. Note that a MEDIUM residual risk is used to show that a hazard requires dynamic risk assessment and deliberate management within the session by the instructor.

Level	Severity Description	Residual Risk Description
Low	Minor injury requiring no	Control measures have reduced the severity
	treatment, or simple first aid.	and/or likelihood to minimal levels.
Medium	Injury would require the	Control measures have reduced severity and/or
	participant to stop doing the	likelihood to an adequate level but hazard still
	activity; medical treatment is	requires dynamic risk assessment and conscious
	beyond the skills of a basic first	consideration.
	aider.	
High	Injury would require expert	Control measures haven't reduced severity or
	medical attention and/or be fatal.	likelihood to an acceptable level.

ACTIVITY RISK ASSESSMENT – BROADSTONE WARREN Document Managed by: Lead Instructor Last Edited: 26/02/2024 14:16:00 Review date: + 1 Year



- o Shelter Building
- o Team Building
- o Tomahawk Throwing
- o Tunnel Trail

# **Generic Off ground Risk Assessment**

# **Broadstone Warren**

- This document should be used in conjunction with the Element Specific Risk Assessment for off ground activities.
- A qualified rescuer must be on site and contactable during all high ropes activities.

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 ( Systematic controls, 🗣 What to say, 🖐 What to do, 🔍 What to check)	Residual Risk	
General injuries or accidents from poor behaviour, or novice participants taking part in adventurous activities.	Participants	rticipants Medium	<ul> <li>Suitable session ratios are detailed in the activity APS and are normally a ratio of 1:12 for group members to instructors.</li> <li>Physical boundaries or markings may be used to indicate higher risk areas.</li> <li>Clear responsibilities are outlined in the terms and conditions to ensure accompanying adults understand that they are responsible for supervising the group's behaviour</li> </ul>	Low	
			<ul> <li>Give an activity safety briefing to help orientate guests and identify any specific hazards and safety rules they must follow.</li> <li>Set boundaries for the base or operating areas in the safety briefing.</li> <li>Where participants are able to move beyond visual supervision then set and explain clear time limits, boundaries and emergency procedures</li> </ul>		
			$ ightarrow$ $\circ$ Choose the venue (if possible) based on guest needs and environmental conditions.		
					<ul> <li>Check that rules (including boundaries) were understood, and are followed.</li> <li>and understanding checked by the instructor.</li> <li>Ask visiting staff to provide extra or alternative supervision if appropriate.</li> </ul>
General injury sustained during participation in the activity	Participants	Medium	<ul> <li>All instructors hold a minimum of First Response training and can deal with minor and emergency first aid scenarios.</li> <li>The Duty Manager holds a full first aid at work qualification.</li> <li>A large capacity "reactive" first aid kit is available at reception.</li> <li>The centre has a "significant injury plan" if needed to ensure emergency services can get to injured parties quickly</li> </ul>	Low	

ELEMENT SPECIFIC OFF GROUND RISK ASSESSMENT – BROADSTONE WARREN



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residua Risk			
			• If the injury cannot be managed with a first aid kit then tell the duty manager – if you think an ambulance is needed tell them if there is a <u>significant injury.</u>				
			<ul> <li>Use the SHIFT safety procedure in any emergency:</li> <li>S - Stop and get everyone safe. Use other adults to help you.</li> <li>H - Help, get assistance from other staff (radio, phone, or in person message)</li> <li>I/F - Deal with the incident or first aid. If you were trained on specific procedures for that activity then use them (e.g. Abseil, 3G swing, Belay)</li> <li>T - Tell someone, afterwards report the incident and review learning.</li> <li>Check that you have access to a first aid kit, and a means of communication (e.g.</li> </ul>				
			<ul> <li>Solution (c.g. radio, phone) at all times.</li> <li>Safety systems &amp; procedures are in place (and approved by independent technical advisors) to protect participants ensuring they are safeguarded from falling, including safe routes to activity areas, use of PPE and activity safety systems.</li> <li>All instructors are trained in approved procedures and their competence is assessed by a competent assessor.</li> </ul>				
	Participants High			<ul> <li>Internal monitoring is completed to validate competence on first deployment.</li> <li>Explain how PPE is correctly fitted and demonstrate its fitting.</li> <li>Explain safety areas and waiting areas to the group.</li> <li>Explain and demonstrate how the relevant safety system works, and what they MUST and MUST NOT do to use it safely.</li> </ul>			
Injury caused by a fall from height		. Participants High	<ul> <li>Participants</li> <li>High</li> <li>Follow any specific instructions for equipment – these support document, manufacturer's instructions, or who Manage the safety system as you were trained – in manufacture</li> </ul>	Participants High	3 High	ts High	<ul> <li>Follow any specific instructions for equipment – these are detailed in technical support document, manufacturer's instructions, or when you were trained</li> </ul>
			<ul> <li>Check all PPE is correctly fitted at the start of the session.</li> <li>Complete a Final Departure CHECK (FDC) before participants start the activity;</li> <li>C - Clothing - check clothing and hair are safe, no entanglement hazards.</li> <li>H - Helmet and Harness - check for correct fit.</li> <li>E - Environment - check for other hazards (e.g. people in the activity area)</li> <li>C - Connections - check carabiners and devices are closed and functioning.</li> <li>K - Knots and ropes - check they are in places and not tangled or twisted up.</li> </ul>				

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Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk								
			<ul> <li>Quarterly checks of activity bases and equipment are completed by people competent people to identify any defects or developing hazards.</li> <li>Annual external independent inspections are carried out on activity bases.</li> </ul>									
Injury caused by failure			$\bullet_{\mathfrak{M}}$ $\circ$ Brief the group on any specific hazards identified from your daily check.									
of an item of equipment/ the base/ or the surroundings.	Participants	Medium	<ul> <li>Follow any specific instructions for equipment – these are detailed in technical support document, manufacturer's instructions, or when you were trained.</li> <li>Isolate any new hazards if possible, or add additional supervision.</li> </ul>	Low								
			<ul> <li>Prior to use each day check the venue and equipment for hazards, and record a daily check. If the venue/equipment cannot be made safe do not run the session.</li> <li>Carry out visual checks of equipment and the base throughout the session.</li> </ul>									
	Participants			<ul> <li>Bases and systems designed so that equipment is fixed/attached to the structure.</li> <li>Base checks identify developing hazards – e.g. loose climbing holds.</li> </ul>								
Injury caused by												<ul> <li>o Brief the group on the requirement to wear helmets in the activity area, identify the boundaries of this area for them.</li> <li>o Tell the group to remove items from pockets which may fall out e.g. phones</li> </ul>
objects falling from height.		Medium	Medium	Medium	Medium	Medium	• Ensure that any equipment you have at height is in a safe place (away from an edge), or secured to the structure / yourself.	Low				
					<ul> <li>Prior to use each day check the venue and equipment for hazards, and record a daily check. If the venue/equipment cannot be made safe do not run the session.</li> <li>Monitor that participants are wearing helmets when inside the activity areas.</li> <li>Check for correct fitting of helmets in your Final Departure Check.</li> </ul>							
			<ul> <li>Brief the group about what must and must not be done on the activity and with the equipment. Use demonstrations and check understanding.</li> </ul>									
Injury from misuse of equipment, an element or structure	t Participants Mec	rticipants Medium	<ul> <li>Manage the safety system as you were trained – in most cases this needs direct supervision (the ability to immediately physically intervene).</li> <li>Give participants the opportunity to practice using safety critical equipment safely before a participant starts. (e.g. connecting a carabiner, practice belaying)</li> <li>Stay vigilant for developing hazards as the session progresses.</li> </ul>	Low								
			• Monitor and manage group behaviour and use of equipment throughout – if appropriate use accompanying adults to help check instructions are followed.									



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( K Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk			
			<ul> <li>Be especially vigilant when new participants are managing safety systems they are not yet familiar with (e.g. Belayers)</li> </ul>				
Injury from			• Visual deterrents used where deemed to benefit – e.g. signage, fences, etc.				
unsupervised use of equipment	Anyone in vicinity	High	<ul> <li>Where possible remove equipment or make inaccessible when you leave a venue.</li> <li>E.g. locking doors to towers/gates, placing banners over climb faces, removing staples/foot pegs, or clipping safety systems out of reach. (check APS for specifics)</li> </ul>	Low			
Risk of equipment	Participants	High	<ul> <li>Maximum weight limit of 18 stone (120kg) for off ground activities.</li> <li>All activity safety systems have a factor of safety inherently built in to design.</li> <li>This will be communicated to customers through pre-arrival information.</li> </ul>	Low			
failure due to weight			• If you believe that a participant is over the weight limit then you must not let them participate. Call the duty manager if you need support communicating this.				
	Participants			<ul> <li>Activity bases must be equipped with lighting if used in hours of darkness.</li> <li>Quarterly checks of activity bases and equipment are completed by people competent people to identify any defects or developing hazards.</li> </ul>			
Injury in the activity waiting area (e.g. trips			Madium	Medium	<ul> <li>Make participants aware of any specific hazards of the waiting area – e.g. if there are trip hazards, or areas which should be avoided.</li> <li>Ask the accompanying adult to supervise the group, ensuring rules are followed.</li> </ul>	Low	
or falls, misbehaviour)		Medium	<ul> <li>Tidy away any unused equipment and manage safety systems (e.g. tidy ropes)</li> </ul>	LOW			
							<ul> <li>Check everyone has suitable clothing during the activity, including suitable footwear for the conditions and task (consider grip, closed toes, ankle support)</li> <li>Be vigilant for behavioural issues if group members are become disengaged, use the accompanying adult to manage these.</li> </ul>
Injury caused by			<ul> <li>Safety systems are designed to minimise the risk of entanglement, or entrapment.</li> <li>An instructor should always be positioned in direct supervision of entrapment hazards when in use – e.g. next to belayers, next to the 3G swing pole.</li> </ul>				
entrapment (including strangulation, and hair entanglement)	Participants	Participants	High	<ul> <li>When briefing participants on use of ropes ensure they clearly understand where to place their hands, and the hazards of things becoming caught in devices. (e.g. figures of eight abseil device, Gri-Gri, Pro-Traxion)</li> <li>If participants are descending instruct them to use their feet and hands to fend off from the element – minimising the chance of getting their harness/helmet caught.</li> </ul>	Medium		



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 (🏶 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk				
		Scicity	<ul> <li>When participants are descending watch for developing hazards and control the descent to fix the problem.</li> <li>If a participants helmet (or similar) is caught causing strangulation;</li> <li>1) Tell them to step or climb up if possible</li> <li>2) Tell them to unclip the helmet/remove the item if possible</li> <li>3) Use the rest of the group to help lift them if possible/safe to do.</li> <li>If a participant becomes entrapped and you cannot resolve thorough the procedures you were trained (e.g. stepping up) then call a rescuer.</li> <li>Complete a final departure check (FDC) to check for hazard – e.g. loose hair, loose</li> </ul>					
			Q clothing, shoe laces, jewellery, twisted ropes or safety systems.					
	Participants	1			<ul> <li>Activity bases must be equipped with lighting if used in hours of darkness.</li> <li>No activity without fixed lighting should be used in hours of darkness without an additional an RA being completed to ensure sufficient lighting is available.</li> </ul>			
Injury resulting from				_				<ul> <li>Adapt rules and instructions to control for the lack of visibility – this may include reducing the size of the operating area to that visible by the instructor.</li> </ul>
poor visibility if operating at night.		Low	<ul> <li>Be equipped with an additional light source (e.g. a torch) in case the mail lighting fails at a critical time.</li> <li>Return all participants swiftly to a place of safety if the lighting fails.</li> <li>Place additional controls to highlight or isolate hazards which are now harder to identify. E.g. on stairs, of where there are trip hazards.</li> </ul>	Low				
				${f Q}$ $\circ$ Check that lighting systems are working correctly as part of your pre-use check.				
Injury resulting from			<ul> <li>The duty manager will check the weather forecast prior to the day's activities and pass on relevant information to each instructor.</li> <li>If extreme weather is forecast then the Duty Manager must use the centres Inclement Weather Plan to make alternative arrangements for safety.</li> </ul>					
environmental/weathe r conditions	Participants	Low	<ul> <li>Make participants aware of the ground they will be working on and explain the implications for how they should behave. Consideration the surroundings e.g. trees and fences, slippery or wet ground, and visibility levels/distances.</li> </ul>	Low				
			• Be ready to dynamically change or adapt the activity if the environmental condition compromise the safety, or learning of the group.					



Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk										
				<ul> <li>Follow the 30:30 rule; if the gap between thunder and lightning (flash to bang) is under 30 seconds go to safety for 30 minutes. Restart with each new lightening.</li> </ul>											
			Q	<ul> <li>Check everyone has suitable clothing during the activity, including suitable footwear for the conditions and task (consider grip, closed toes, ankle support)</li> <li>Be vigilant for signs of foreseeable conditions related to the weather conditions (e.g. hypothermia, dehydration) and take appropriate action (e.g. shelter)</li> </ul>	_										
			¢	<ul> <li>Sessions are designed to be progressive and offer options for participants to set their own level of challenge.</li> </ul>											
Participants becoming psychologically stuck,	Participants	Low	<b>•</b> >))	<ul> <li>Tell participants that they can set their own level of challenge (Challenge by choice) – e.g. they can climb to half way, or just leave the floor.</li> <li>If a participant freezes first try to talk them out of the situation.</li> </ul>	Medium										
scared or frightened.			⊮	<ul> <li>Use the techniques you were trained to lower off or safely release a participant who is frozen – these are detailed in the Technical Support Document.</li> </ul>											
			~	Q	<ul> <li>Check what each participant wants to achieve, challenge them to move beyond their comfort zone, but don't push them beyond their stretch zone into panic.</li> </ul>										
Pre-existing health	ing health cluding injum or Participant Medium Medium		¢	<ul> <li>All groups are required to provide information about significant medical requirements during the booking process. The duty manager will ensure that instructors have access to this information.</li> </ul>											
issues including		Participant	Participant	Participant	Participant	Medium	Medium	Medium	Medium	Medium	Medium	Medium		$\circ$ Discuss health risks with the group leader at the start of the session.	Low
personal injury or illness		Medium	Medium												
			Q	<ul> <li>Check that accompanying adults have any essential medication accessible (e.g. asthma inhalers, auto-injectors for allergies)</li> </ul>											
Injury from activities			¢	<ul> <li>Supervising adults must be given access to Self-Led Guidance before the activity.</li> <li>The supervising adults are responsible for their own activity risk assessment.</li> <li>An induction for the activity must be completed and be recorded on the intranet.</li> </ul>											
involving self-led equipment/sessions	Participants	Medium	Medium	Medium	<b>9</b> 0))	<ul> <li>o Give them information about the specific hazards of the venue or equipment.</li> <li>o Tell them that centre staff will intervene if they observe unsafe activity.</li> </ul>	Low								
			₩	<ul><li>o Show them the activity base or equipment.</li><li>o Provide them with Self Led Guidance sheet.</li></ul>											



Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place ( Systematic controls, 🗣 What to say, 🖐 What to do, 🔍 What to check)	Residual Risk
			Q	<ul> <li>Check proof of qualification/permit for relevant activities.</li> <li>Check that they are familiar with the type of equipment used.</li> </ul>	
Clients with additional abilities or needs	Individuals with additional needs	Medium	¢.	<ul> <li>Check that they understand the emergency procedures and arrangements.</li> <li>Groups must share information prior to arrival using the inclusion pro-forma.</li> <li>This should be reviewed by the relevant supervisor/manager and any specific adaptations determined with an individual risk assessment.</li> <li>Adaptations to sessions should conform to any approved techniques included in Technical Support documentation where relevant.</li> <li>Instructors should be informed about additional needs or adaptations by supervisors. Additional support should be given if necessary to manage safety.</li> </ul>	Low
			₩	<ul> <li>Check what adaptations need to be made with your supervisor/manager.</li> <li>Additional adults can be used for extra supervision or specialist competence.</li> <li>Consult accompanying adults for advice during the activity.</li> </ul>	



# **Element Specific Off ground Risk Assessment**

# **Broadstone Warren**

- This document should be used in conjunction with the Generic Risk Assessment for off ground activities.
- A qualified rescuer must be on site and contactable during all high ropes activities.

### Abseil

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk								
Falling from the top of the tower	Trespassers,		<ul> <li>The tower platform has safety rails around all open edges.</li> <li>The system is designed for the participant safety to attach inside the safety rails.</li> <li>Instruct waiting participants to stand in the middle of the tower, touching the rails around the stair case.</li> </ul>									
	Participants, Instructors	High	<ul> <li>You must be clipped to the instructor safety rope before moving past the safety rails.</li> <li>Participants must be attached to the abseil safety system before moving past the safety rails.</li> </ul>	Low								
			Q $$ o $$ Check that the tower is secured when not in use and the door locked.									
	Participants										$lacksymbol{e}_{\gg}$ $\circ$ Give clear instructions about hand positioning during the safety talk	
Finger/Hair entrapment in the		Medium	Medium	Medium	Medium	<ul> <li>Demonstrate correct hand positioning in the safety talk.</li> <li>Use the trained rescues to resolve the problem if entrapment occurs.</li> </ul>	Medium					
figure of Eight										• Complete a final departure check (FDC) to check for hazard – e.g. loose hair, loose clothing, shoe laces, jewellery, twisted ropes or safety systems.		
Participants freeze or			<ul> <li>Abseil process is designed to allow a participant to be quickly lowered off.</li> </ul>									
are unable to continue descending	Participants	Participants High	Participants High	Participants High	nts High	High	High	High	oants High	$\bullet_{\mathfrak{M}}$ o Brief participants on how to descend correctly, including a demonstration.	Low	
		ĺ	• Use the trained rescues to resolve the problem if participant can't continue.									
	Participants	High	<ul> <li>System uses industry benchmark Italian hitch as a friction knot to control descent.</li> </ul>	Low								

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Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
			<ul> <li>Abseil system set up with a "double ended" safety rope to remove the need for the knot to be retied mid-session.</li> </ul>	
Uncontrolled descent while abseiling leading to impact with floor or wall.			• Instruct participants how to safely "bounce" – with knees bent, and small jumps that don't take them more than a meter from the tower.	
			<ul> <li>Always maintain a grip on the control (dead) rope – alternate grip between hands to allow a smooth descent.</li> <li>If a participant trips or slips sideways stop the descent while they regain position.</li> </ul>	
			Q • Complete a Final Departure Check (FDC) before each abseil that the system is correct.	
Falling on the stairs	Participants		<ul> <li>Stairs in towers are protected by hand rails.</li> </ul>	
while ascending the tower	Instructor	High	<ul> <li>Tell participants to climb up the tower and wait at the top, not on the stairs.</li> <li>Give clear instructions so participants know when to come up and when to wait.</li> </ul>	Low

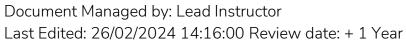
### Climbing

Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Access to the Tower	Trespassers	High	₩	<ul> <li>The tower door must be shut unless abseil is in progress, lock the tower and compound whenever the tower whenever it is unsupervised.</li> </ul>	Low
All other hazards covere	d by generic ris	sk assessmen	t		

## Cargo Net

Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Access to activity	Trespassers	High	×	$\circ$ Use the wire and padlock to hoist and secure when left unattended.	Low
Entrapment in the net Par	Participants High		¢.	o Holes in the net are not large enough to form a strangulation hazard.	
		<b>A</b>	$_{\odot}$ Tell participants to climb on their own side of the net, not through or around it.	Low	

ELEMENT SPECIFIC OFF GROUND RISK ASSESSMENT – BROADSTONE WARREN





### Crate stacking

Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place (* Systematic controls, 🗣 What to say, 🖐 What to do, 🔍 What to check)	Residual Risk						
Participant struck by falling crates			\$								
			<b>•</b> »	<ul> <li>Teach the crate passers that they can only pass crates by either physically handing them to the climbers, using the crate haul rope, or the "Posting" method.</li> <li>Tell the group that the area 3m around the crate stack is the "danger zone". If they are in this area they must face towards the stack and prepare to move out of the way</li> </ul>							
	Participants	High	₩	<ul> <li>Remain vigilant for stacks falling and give clear instructions about when to move away from the "danger zone"</li> <li>When the climbers reach the maximum height/end of their turn encourage them and to push the crates away from them and other participants in a controlled way.</li> </ul>	Medium						
			Q	• Check that the "danger zone" is clear when climbers step up/push the stack down							
Injury from			¢	<ul> <li>Quarterly checks of activity bases and equipment are completed by people competent people to identify any defects or developing hazards.</li> </ul>							
damaged/sharp crates	Participants	Low	Low	Low	Q	<ul> <li>Complete a daily check of the activity identifying any crates which are too damaged to be used. Crates with sharp edges, large sections missing, missing feet, or with cracks which could pinch peoples fingers should be removed from service.</li> </ul>	Low				
Climbers landing on crates in descent and	Destinizant	articipant Medium	<b>*</b> >))	<ul> <li>Tell other group members when to clear the crates away from the landing area (this should be after the crates have fallen and before the climbers are lowered)</li> </ul>	Low						
twisting ankles	Participant	Medium	₩	<ul> <li>Lower the climbers under control, watching them all the way to the floor and be vigilant for obstructions – stopping the lower if necessary.</li> </ul>	LOW						
Low level fall causing			\$	in a ground impact.							
injury to ankles and feet during climbing	Participants	Participants Me	Participants	Participants	Participants	Participants	Participants	Medium	₩	<ul> <li>Build the crates in a stair case as shown in the TSD to allow climbers to quickly ascend so a protective safety knot can be placed in the belay system.</li> <li>Only on climber should ascend at a time to the safety knot height, with the instructor playing close attention to their belayer, and assisting to minimise any slack rope.</li> </ul>	Low

### Gauntlet



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Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place 🛛 (🏶 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk					
Unsupervised use of the activity	Trespassers	High	¢	o Lower removable rungs to be taken off the activity when not in use.	Low					
Manual handling injury moving rungs	Instructors	Medium	₩	$\circ$ Instructors must work in pairs to move and attach the removable rungs	Low					
Collision with activity equipment	Participants	ants Medium		<ul> <li>Instruct all participants to sit back into their harnesses and hang on their ropes together – wait until they are stable before commencing any lowering.</li> <li>Tell those being lowered to protect themselves from collision using hands and feet.</li> </ul>	Low					
			Q	<ul> <li>Visually check the is safe all the way to the floor</li> </ul>						
Injury from metal splinters, wires or	Participants Medium	Participants N	Participants	Participants	Participants	Participants	Medium	¢	<ul> <li>Quarterly checks of activity bases and equipment are completed by people competent people to identify any defects or developing hazards.</li> </ul>	Low
sharp edges on metal components.									r underpunto	
Climbers becoming entangled in SRBS	Participants	Medium		<ul> <li>Tell climbers that they can only climb as far as touching the last rung of the ladder, they must not climb on top of it.</li> </ul>	Low					
			Q	o Be vigilant that climbers stop at the correct point.						
Entanglement in the element	Participants	Medium		o Tell participants to stay on their own side, not climbing through or around.	Low					

### Jacobs Ladder

Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Unsupervised use of the activity	Trespassers	High	đ <sub>a</sub>	o Lower removable rungs to be taken off the activity when not in use.	Low
Manual handling injury moving rungs	Instructors	Medium	♥	o Instructors must work in pairs to move and attach the removable rungs	Low
Collision with activity equipment	Participants	Medium	) C	<ul> <li>Instruct all participants to sit back into their harnesses and hang on their ropes together – wait until they are stable before commencing any lowering.</li> <li>Tell those being lowered to protect themselves from collision using hands and feet.</li> <li>Visually check the is safe all the way to the floor</li> </ul>	Low

ELEMENT SPECIFIC OFF GROUND RISK ASSESSMENT – BROADSTONE WARREN



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place < it systematic controls, 🗣 What to say, 🖐 What to do, 🔍 What to check)	Residual Risk
Injury from metal splinters, wires or	Participants	Medium	<ul> <li>Quarterly checks of activity bases and equipment are completed by people competent people to identify any defects or developing hazards.</li> </ul>	Low
sharp edges on metal components.	. ar corparie		$ ho_{30}$ $\circ$ Tell participants not to touch any metal components while they climb	
Injury caused by climbers climbing on or	Participants	Medium	<ul> <li>Brief climbers on the allowable climbing techniques; standing on knees (not heads or shoulders), holding gear or leg loops (not waist loops), strong hand grips.</li> </ul>	Low
over each other			$ ule{4}$ $\circ$ Use climbing aids for groups so they don't have to climb on each other.	
Climbers becoming	Participants	6 Medium	• Tell climbers that they can only climb as far as touching the last rung of the ladder, they must not climb on top of it.	Low
entangled in SRBS			Q $\circ$ Be vigilant that climbers stop at the correct point.	
Entrapment or Strangulation from	Participants	pants Medium	<ul> <li>Only climbing aids with small loops are allowed to be used – hand cuff style ropes or etriers. Open slings or rope loops are not to be used. Full details of how to use there effectively are includes in the Technical Support document.</li> </ul>	Low
climbing aids			$\bullet_{\mathfrak{M}}$ o Brief the group on how to use the climbing aids, demonstrate techniques.	
Entanglement in the element	Participants	Medium	$\bullet_{\mathfrak{M}}$ o Tell participants to stay on their own side, not climbing through or around.	Low
Falling because climbers have pulled	Participants	High	• Tell climbers that they can only use their partners rope to hold, and ONLY if their partner is stationary.	
slack into their own belay system	r aruciparits	riigii	• Be vigilant that climbers are not pulling on their own ropes as this will prevent belayers from tightening the safety system.	– Medium

### Leap of Faith

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🏾 ( 📽 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Shoulder Injury	Participant	Medium	<ul> <li>Discuss any pre-existing medical conditions at the start of the session – people with current or recurrent arm chest or shoulder injuries should be asked not to participate.</li> <li>Tell participants to grab the trapeze bar with both hands and release with both hands only when instructed.</li> </ul>	Low

ELEMENT SPECIFIC OFF GROUND RISK ASSESSMENT – BROADSTONE WARREN



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk		
			<ul> <li>Only allow participant to jump for the bar in a forwards facing position. (Backwards falls are allowed but they must not try to grab the bar)</li> </ul>			
Unsupervised use of the activity	Trespasser	High	• Climbing pegs on lower pole must be removed when activity is not in use.	Low		
Bar moving in use and participant colliding	Participant	ipant High	ticipant High	Participant High	<ul> <li>The adjustment rope for the bar should be secured in position with a shunt which</li> <li>capture both strands of rope. An overhand knot should then be placed below the shunt as a backup.</li> </ul>	Low
with element				${\sf Q}$ $$ $$ $$ Check the shunt and back up are in place as part of Final Departure Checks.		
Climb rope miss-	Participant		• Training emphasises the importance of correctly threading the rope on this activity			
threaded so participant swings into element		High	• Visually check that the live rope is threaded to the leap of faith bar before the start of the session and again before the first participant.	Medium		

## Zip Wire

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place <	Residual Risk				
			• The landing area is covered with a deep layer of impact attenuating wood chip.					
Landing backwards or			• Instruct participant to start running as they come into the landing zone, if they are backwards they should lie down and cross their arms over their chest.					
heavy impact on landing	Participant	ant Medium	<ul> <li>o The ground instructor should rake the wood chip regularly to break it up.</li> <li>o Check that participants are wearing closed to footwear to protect their feet.</li> <li>o Pull the Zip rope tight so the participant does not touch the ground until they reach the landing area.</li> </ul>	Low				
Trolley failure during descent causing a stop	Participant	Participant Low		Low	Low		• Zip wire trolleys are designed and manufactured for the purpose. They are inspected quarterly by a competent person to ensure they are operating effectively.	
			Participant			<ul> <li>Use the retrieval rope to recover a participant – clip the trolley onto the wire from the bottom, walk it back to the participant, wrap it around the stuck trolley then use a team of people to pull the stuck trolley/participant back to the landing zone.</li> </ul>	Low	
			Q o Check the wire for obstructions before every use.					
Zipping into an under wire obstruction	Participant Other person	High	• Use the "Clear" check to visually check the wire is clear, and communicate this to the ground instructor, the ground instructor should replay with a verbal and visual signal.	Low				

ELEMENT SPECIFIC OFF GROUND RISK ASSESSMENT – BROADSTONE WARREN



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 ( 🛱 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk	
			<ul> <li>Check that the chains are in place across the footpath to deter entry.</li> </ul>		
Falling from the top of the platform	Participants, Instructors	High	<ul> <li>You must be clipped to the instructor safety rope before attaching from the ALF</li> <li>Participants must be attached to the zip safety system before being unattached from the ALF</li> </ul>	Low	
Participant falling			<ul> <li>An ALF system is used to automatically catch a fall during ascent.</li> </ul>		
while ascending to the	Participant	High	$\circ$ As the participant to try climbing again if possible, or down climb to the ground.	Low	
platform.			• If participant cannot continue perform an ALF rescue following the trained procedure.		
Participant falls unconscious during descent	Participant	High	• Ground instructor to release the participants system using the Grillon so that the system can be removed from the wire before completing standard first aid.	Low	
People climbing the tree while demonstration is occurring	Participants Trespassers	High	• Close the gate before completing the demonstration. This should only be used as a temporary measure if the gate is left unlocked.	Low	
				• The ALF uses a simple attachment system which minimised that opportunity to be miss-clipped, it will still operate effectively if clipped to the waist instead of chest.	
					<ul> <li>Tell participants not to begin climbing until the top instructor tells them to start.</li> <li>If an accompanying adult will clip participants then brief the whole group how the system works, and show them how to lean back so that the top instructor can perform a visual check of the connection and PPE.</li> </ul>
Incorrect attachment to the ALF system	Participant	High	• Participant to be clipped onto ALF by ground instructor or accompanying adult who has been briefed and demonstrated competency.	Low	
			<ul> <li>If an accompanying adult will clip participants then train them to how to use the carabiner, where to clip the carabiner, how to function check the carabiner. Make them repeat the action 3 times to check that they are competent to complete the task.</li> <li>If an accompanying adult will clip participants then the top instructor should perform a visual check of PPE, and the ALF connection before climbing commences.</li> </ul>		
Participant falling while ascending to the	Participant	High	• O An ALF system is used to automatically catch a fall during ascent.	Low	
platform.	raiucipant	riign	$\bullet_{33}$ o As the participant to try climbing again if possible, or down climb to the ground.	LUW	

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Hazardous Event	Who may be harmed?	Foreseeable Severity		Control Measures in Place ( K Systematic controls, 🗣 What to say, W What to do, 🔍 What to check)	Residual Risk
			₩	o If participant cannot continue perform an ALF rescue following the trained procedure.	
Participants getting	Participant	Madium	\$	o Designated route is through the field to avoid other activity areas.	Low
lost on the way to the start of the zip wire	Participant	Medium	<b>_</b> »	o Brief and demonstrate the route to be used at the start of the session.	
Unauthorised use of	Trachaccore	High	¥,	o The zip compound must be locked when not in use.	
the zip wire	Irespassers	High	¥.	<ul> <li>Remove the access ladder when not in use.</li> </ul>	Low



# **Generic On ground Risk Assessment**

# **Broadstone Warren**

• This document should be used in conjunction with the Element Specific Risk Assessment for on ground activities.

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( ${}^{m{\#}}$ Systematic controls, ${}^{m{\#}_{\mathbb{H}}}$ What to say, ${}^{m{\#}}$ What to do, ${}^{m{Q}}$ What to check)	Residual Risk				
Injuries or accidents from poor behaviour, or novice participants taking part in adventurous activities.	Participants		<ul> <li>Suitable session ratios are detailed in the activity APS and are normally a ratio of 1:12 for group members to instructors.</li> <li>Physical boundaries or markings may be used to indicate higher risk areas.</li> <li>Clear responsibilities are outlined in the terms and conditions to ensure accompanying adults understand that they are responsible for supervising the group's behaviour</li> </ul>					
		ants Medium	Medium	<ul> <li>Give an activity safety briefing to help orientate guests and identify any specific hazards and safety rules they must follow.</li> <li>Set boundaries for the base or operating areas in the safety briefing.</li> <li>Where participants are able to move beyond visual supervision then set and explain clear time limits, boundaries and emergency procedures</li> </ul>	Low			
			ullet o Choose the venue (if possible) based on guest needs and environmental conditions.					
			~		<ul> <li>Check that rules (including boundaries) were understood, and are followed.</li> <li>and understanding checked by the instructor.</li> <li>Ask visiting staff to provide extra or alternative supervision if appropriate.</li> </ul>			
Pre-existing health	Participant				victing health		<ul> <li>All groups are required to provide information about significant medical requirements during the booking process. The duty manager will ensure that instructors have access to this information.</li> </ul>	
issues including		Medium	$igoplus_{30}$ o Discuss health risks with the group leader at the start of the session.	Low				
personal injury or illness		, and and an	<ul> <li>Carry out a warm up activity at the start of active sessions, repeated if needed.</li> <li>Vary activities if appropriate to avoid excessive strain.</li> </ul>					
			• Check that accompanying adults have any essential medication accessible (e.g. asthma inhalers, auto-injectors for allergies)					



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk							
Injury sustained during participation in the activity			<ul> <li>All instructors hold a minimum of First Response training and can deal with minor and emergency first aid scenarios.</li> <li>The Duty Manager holds a full first aid at work qualification.</li> <li>A large capacity "reactive" first aid kit is available at reception.</li> <li>The centre has a "significant injury plan" if needed to ensure emergency services can get to injured parties quickly</li> </ul>								
	Participants	Medium	<ul> <li>If the injury cannot be managed with a first aid kit then tell the duty manager – if you think an ambulance is needed tell them if there is a significant injury.</li> <li>Use the SHIFT safety procedure in any emergency:</li> </ul>	Low							
						<ul> <li>S – Stop and get everyone safe. Use other adults to help you.</li> <li>H – Help, get assistance from other staff (radio, phone, or in person message)</li> <li>I/F – Deal with the incident or first aid. If you were trained on specific procedures for that activity then use them (e.g. Orienteering, Tunnel Trail)</li> <li>T – Tell someone, afterwards report the incident and review learning.</li> </ul>					
			Q • Check that you have access to a first aid kit, and a means of communication (e.g. radio, phone) at all times.								
	Participants		• Quarterly checks of activity bases and equipment are completed by people qualified to instruct the activity to identify any defects or developing hazards.								
Injury caused by failure			Brief the group on any specific hazards identified from your daily check.								
of an item of equipment/ the base/ or the surroundings		Participants	Participants	Participants	Participants	Participants M	Participants M	Participants Medium	Medium	<ul> <li>Follow any specific instructions for equipment – these are detailed in technical support document, manufacturer's instructions, or when you were trained.</li> <li>Isolate any new hazards if possible, or add additional supervision.</li> </ul>	Low
			<ul> <li>Prior to use each day check the venue and equipment for hazards, and record a daily check. If the venue/equipment cannot be made safe do not run the session.</li> <li>Carry out visual checks of equipment and the base throughout the session.</li> </ul>								
Injury from misuse of			<ul> <li>Brief the group about what must and must not be done on the activity and with the equipment. Use demonstrations where appropriate and check understanding.</li> </ul>								
equipment, an element or structure	Participants	ticipants Medium	articipants Medium	<ul> <li>Choose a venue and equipment suitable for the group and conditions if you have options. Plan ahead but also be ready to dynamically change the plan.</li> <li>Stay vigilant for developing hazards as the session progresses.</li> </ul>	Low						



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( ${}^{m{x}}$ Systematic controls, ${}^{m{x}_{\scriptscriptstyle \parallel}}$ What to say, ${}^{m{y}}$ What to do, ${}^{m{Q}}$ What to check)	Residual Risk
			<ul> <li>Monitor and manage group behaviour and use of equipment throughout – if</li> <li>appropriate use accompanying adults to help check instructions are followed.</li> <li>Be especially vigilant if participants own senses are hindered – e.g. by blindfolds</li> </ul>	
Injury from handling or moving of activity materials, equipment, or people.	Participants	Medium	<ul> <li>Activities are designed so that any items to be moved are only as part of the session content, e.g. moving logs for pioneering. Unnecessary lifting is avoided.</li> <li>Give clear rules given about what can be used or moved, and how to do this safely Use simple rules e.g. moving large sticks that "if it's bigger than you, it takes two"</li> <li>For heavy items give clear simple instructions e.g. "Use your legs to lift, head up, natural back position, walk don't run".</li> <li>If people are carried ensure that a plan is agreed, the person consents, that there is support for their back, neck and head, and that the route is planned to reduce the chance of them being dropped, and that ground hazards are minimised.</li> <li>Check that participants have understood the rules for lifting.</li> </ul>	Low
Injury from the collapse of elements built by participants (e.g. shelters, pioneering)	Participants	Medium	<ul> <li>Activities take place at low level so there is minimal risk of falling from height.</li> <li>Warn participants that structures need testing before they can be used.</li> <li>Teach the group correct building techniques, such as correct knots or lashings.</li> <li>Perform a visual and tactile inspection before use. E.g. look at and shake a shelter.</li> </ul>	Medium
Injury from low levels falls and slips on activities involving balance on elements.	Participants	Medium	<ul> <li>Activity bases are checked quarterly to ensure they are not in dangerous condition. Actions from daily checks are completed to mitigate developing hazards.</li> <li>Make participants aware of slip hazards on wires or platforms, and instruct them to plan their crossing, use spotters, and step down before falling down.</li> <li>Tell participants not to wrap ropes around their body parts to avoid entrapment.</li> <li>Clear platforms of slippery items such as mud and leaves before use.</li> <li>Demonstrate to the group how to use the equipment safely.</li> <li>Teach the group the correct spotting technique for balance elements</li> <li>PPE must be worn if directed by the activity APS.</li> <li>Ensure that no one uses the activity base unless they have received a briefing and are being supervised by a suitable instructor, or approved accompanying adult.</li> </ul>	Low



Hazardous Event	Who may be harmed?	Foreseeable Severity		Contro	ol Measures in Place $($ ( Systematic controls, $f P$ ) What to say, $f V$ What to do, $f Q$ What to check)	Residual Risk				
			Q	0	Check that everyone has suitable clothing for the activity, including suitable footwear for the conditions and task (consider grip, closed toes, ankle support) Check participants understanding of correct spotting and remind them throughout.					
Injury from unsupervised use of	Anyone in vicinity	High	¢°	0	Visual deterrents used where deemed to benefit – e.g. signage, fences, etc.	Low				
equipment			₩	0	Where possible remove equipment or make inaccessible when you leave a venue.	LOW				
	Participants		** •>>>	0	The duty manager will check the weather forecast prior to the day's activities and pass on relevant information to each instructor. If extreme weather is forecast then the Duty Manager must use the centres Inclement Weather Plan to make alternative arrangements for safety. Make participants aware of the ground they will be working on and explain the implications for how they should behave. Consideration the surroundings e.g.					
Injury resulting from environmental/weathe r conditions		Low	۴	0	trees and fences, slippery or wet ground, and visibility levels/distances. Be ready to dynamically change or adapt the activity if the environmental condition compromise the safety, or learning of the group. Follow the 30:30 rule; if the gap between thunder and lightning (flash to bang) is under 30 seconds go to safety for 30 minutes. Restart with each new lightening.	Low				
			Q	0	Check everyone has suitable clothing during the activity, including suitable footwear for the conditions and task (consider grip, closed toes, ankle support) Be vigilant for signs of foreseeable conditions related to the weather conditions (e.g. hypothermia, dehydration) and take appropriate action (e.g. shelter)					
							¢	0 0 0	Supervising adults must be given access to Self-Led Guidance before the activity. The supervising adults are responsible for their own activity risk assessment. An induction for the activity must be completed and be recorded on the intranet.	
Injury from activities				0	Give them information about the specific hazards of the venue or equipment. Tell them that centre staff will intervene if they observe unsafe activity.					
involving self-led equipment/sessions	Participants	Medium	⊮	0	Show them the activity base or equipment. Provide them with Self Led Guidance sheet.	Low				
			Q	0 0 0	Check proof of qualification/permit for relevant activities. Check that they are familiar with the type of equipment used. Check that they understand the emergency procedures and arrangements.					



Hazardous Event	Who may be harmed?	Foreseeable Severity		Contro	ol Measures in Place 🛛 (🏶 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Cuts from tools on	Participants	High	d <sup>a</sup>	0	All tools are inspected quarterly, as well as pre-use checks by instructors.	
sessions which use			\$	0	Tools are selected to be appropriate to the activity and groups of novices.	
them (e.g. knives, flint			_	0	Give clear rules for the safe use of the tool, including handling, and storage. $ . $	
and steels)				0	Tell participant where a tool can be used and warn them about any safe distances	
					they must observe – e.g. to other people, or objects.	
				0	Complete a pre-use check of any tools to identify faults or defects.	
				0	Use a demonstration to show the correct usage technique for the tool.	Low
			¥	0	In normal use provide direct supervision of tool use by (or delegate to a	LOW
					designated adult), if participants have higher competence then supervision can be visual.	
				0	Check for appropriate footwear, that loose clothing is tied back or removed, and	
			$\sim$		hair tied back to minimise risk of entanglement.	
			Q	0	If using cutting tools check that items to be cut are stable with no risk of slipping	
					and no risk of blade slipping towards people.	
Ticks (and associated	Participants	Medium	*	0	If the centre is prone to Ticks then information posters should be displayed on	
Lyme Disease)			¢ <sup>0</sup>		notice boards and the Tick information leaflet should be available in reception.	
				0	Tell participants to avoid livestock, ferns and bracken where possible.	
				0	Recommend self-inspection after the activity, and tell the accompanying adults	Low
			-		about what to do if a tick is found. (Including information about Lyme disease.)	
			$\frown$	0	Check that participants are wearing long trousers and sleeves if operating near	
			Q		areas of ferns/bracken.	
Clients with additional	Individuals	Medium		0	Groups must share information prior to arrival using the inclusion pro-forma.	
abilities or needs	with			0	This should be reviewed by the relevant supervisor/manager and any specific	
	additional				adaptations determined with an individual risk assessment.	
	needs		d <sup>0</sup>	0	Adaptations to sessions should conform to any approved techniques included in	
			- <b>194</b>		Technical Support documentation where relevant.	
				0	Instructors should be informed about additional needs or adaptations by	Low
					supervisors. Additional support should be given if necessary to manage safety.	
				0	Check what adaptations need to be made with your supervisor/manager.	
			YV.	0	Additional adults can be used for extra supervision or specialist competence.	
			-	0	Consult accompanying adults for advice during the activity.	





# **Element specific on ground Risk Assessment**

# **Broadstone Warren**

• This document should be used in conjunction with the Generic Risk Assessment for on ground activities.

#### Archery

Hazardous Event	Who may be harmed?	Foreseeable Severity	Contro	l Measures in Place 🛛 (🏶 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
			đ.	o Instructors hold their Archery GB instructor award or TSA Archery Permit	
			••	o Tell participants not to dry shoot (shoot without arrow) the bow.	
				$\circ$ Tell participants that bows should be kept pointing down the range at all times and	
Misuse of bows	All	High	_	never towards a person or away from the range.	Low
			*	o Keep the bows at the shooting line at all times.	
			V	<ul> <li>Don't allow anyone to use the bows without supervision.</li> </ul>	
			Q	<ul> <li>Check understanding of the safety rules.</li> </ul>	_
	All	High	¢.	o Instructors hold their Archery GB instructor award or TSA Archery Permit	
				o .Participants are instructed to ensure that arrows are always pointing down the range	
Misuse of arrows			<b>(</b> (	or towards the ground at all times.	
			*	$\circ$ Give a demonstration (VAK) of how to load and shoot an arrow.	Low
				• Remove all spare arrows from the shooting line if you need to step away from it.	
			Q	<ul> <li>Make sure arrows are counted at the start and end of the session</li> </ul>	
				o Demonstrate and explain the correct shooting process, including keeping the bow	
				arm slightly bent to prevent over extension of the elbow.	
String hitting the arm	Participants	Low	*	$\circ$ Give participants an arm bracer for their bow arm and teach them to fit it correctly	Low
			Q	<ul> <li>Check that participants have long sleeves when they are shooting.</li> </ul>	
Walking into arrows in			<b>1</b>	o Ranges have clear marked pathways	
the target and on the	Participants	High		o Tell participants that when collecting arrows they must walk, and they must follow	Low
ground		i iigi i		the route around the sides of the range to their target.	LOW
ground			-	• Tell participants to collect arrows in the target first, then arrows on the floor second.	
	Participants	Medium	4	• Archery Bosses are secured to the floor to prevent them tipping over.	Low



Hazardous Event		Foreseeable Severity	Control Measures in Place ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Injury removing arrows from target, or boss			<ul> <li>o Give a VAK demo of how to safely remove an arrow, it should include, placing one hand on the boss, looking around for other people, and then gripping and removing the arrow close to the target.</li> <li>o Provide clear instructions when it is time for groups to collect their arrows.</li> </ul>	
falling over			Q • Check that you do not leave any spare arrows at the shooting line when you go down range	
Falling with the arrows	Participants	nts Medium	<ul> <li>Path ways are marked and clear of obstructions</li> </ul>	
when returning to the shooting line			• Demonstrate to the group how they should carry the arrows – with the piles in their hand and the shaft of the arrow in line with their arm.	Low
		he High	• Ranges are enclosed with clear physical boundaries to the sides and aback.	
Someone entering the range , or crossing the shooting line	Person in the range		• Tell the group about the "STOP" command and what to do if someone shouts stop (gently take the tension off a bow and remove the arrow)	Low
shouling time			<ul> <li>Demonstrate how to safely remove an arrow from a drawn bow.</li> </ul>	
Arrows overshooting or flying out of the range	Other site users	High	<ul> <li>Range designed to meet requirements for have a go range, including overshoots / nets to protect surrounding areas.</li> </ul>	Low

## Backwoods Cooking – also read Fire lighting section

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Burns from hot food, the fire or equipment.	Participants	Medium	<ul> <li>Water/fire buckets available in immediate vicinity of fire.</li> <li>Water tap nearest to activity area to be used for burns/scolds first aid.</li> <li>Tell participants that they must be careful around the fire, not running, jumping etc.</li> <li>Tell them they must not reach into the fire, and must use the utensils if they want to take food items in or out.</li> <li>Ask them not to add more fuel (wood) to the fire unless instructed.</li> <li>Tell participants to avoid touching food until cooled.</li> </ul>	Low
			<ul> <li>Outputted participants to avoid todening rood and cooled.</li> <li>Use long sticks to cook with to avoid reaching into flames</li> <li>Provide direct supervision around fire or delegate to an accompanying adult with suitable instructions.</li> <li>O Check that safety instructions have been understood</li> </ul>	



Hazardous Event	Who may be harmed?	Foreseeable Severity	Contro	ol Measures in Place 🛛 (🏕 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
		Medium	đ <sub>ù</sub>	o Only low risk foods should be cooked – avoid cooking meat.	
Hygiene, and food poisoning.			<b>•</b> >>>	• .Tell the groups about the importance of hygiene and the need to regularly wash their hands throughout.	Low
	Participants		♥	<ul> <li>Build regular hygiene routine into the session, washing hands regularly Ensure all who are participating clean and then sanitise their hands before handling food substances.</li> </ul>	
			Q	<ul> <li>Check that participants maintain good food hygiene procedures – e.g. not mixing raw and cooked foods, use clean equipment.</li> </ul>	
Allergic Reactions	Participants	High	*	<ul> <li>Recipes do not include common severe allergens – e.g. Nuts</li> <li>Supervisors/manager should ensure information about allergies is given to instructors.</li> </ul>	Medium
			<b>\$</b> >>	• Ask the accompanying adult about any special dietary requirements within the group	

### **Campfire and Firelighting**

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
			<ul> <li>Activity areas are inspected to be clear from significant hazards, some natural hazards remains (e.g. branches on trees)</li> </ul>	
Injury whilst collecting wood	All	Medium	<ul> <li>Tell the group to stay within designated boundaries.</li> <li>Tell them the size of fuel (wood) they should collect – small diameter up to the thickness of their fingers, and not to carry too much at one time.</li> <li>Brief them on hazards – not moving large/heavy objects, look up and around them as well as at the floor.</li> </ul>	Low
		l Low	<ul> <li>All instructors are first aid trained and have access to a first aid kit.</li> </ul>	
Scratches and splinters	All		• Warn the group about the possibility of splinters and tell them avoid any wood which looks like a hazard, this includes	Low
			• Show them any hazardous vegetation such as stinging nettles or thorns.	
Toxic smoke		Medium	<ul> <li>Do not allow the burning of live trees</li> <li>Do not allow the burning of plastics</li> </ul>	
production (and breathing in smoke)	All		• Check where the wind is blowing and be prepared to move the group if they are being exposed to large amounts of smoke.	Low

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Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 🏕 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Burns from the fire	Participants	Medium	<ul> <li>Water/fire buckets available in immediate vicinity of fire.</li> <li>Water tap nearest to activity area to be used for burns/scolds first aid.</li> <li>Tell participants that they must be careful around the fire, not running, jumping etc.</li> <li>Tell them they must not reach into the fire.</li> <li>Tell them that once wood is on the fire it must not be removed.</li> <li>Ask them not to add more fuel (wood) to the fire unless instructed.</li> <li>Provide direct supervision around fire or delegate to an accompanying adult with suitable instructions.</li> </ul>	Medium
			Q o Continually monitor the fire, don't allow it to become too big.	
Fire spreading / out of	All	High	<ul> <li>Fires should only be lit in designated areas, with a fire base, or an altar fire.</li> <li>Water/fire buckets available in immediate vicinity of fire.</li> <li>Clear the area of all combustible material before the fire is set and lit</li> <li>Do not build fires too big or allow groups to build fires too big</li> </ul>	Low
control			Q       •       Check that a fire is out before leaving unsupervised, poor water on until the embers/ashes are cool.	
A person becoming alight	Participant Instructor	High	<ul> <li>Water/fire buckets available in immediate vicinity of fire.</li> <li>Give the group the simple Fire Check list to ensure they will be safe and get them to address any actions they see.</li> <li>C - Clothing - make sure it's not loose, and tuck away anything which may dangle.</li> <li>H - Hair - tie back any long hair</li> <li>E - Environment - clear away any combustible materials around the fire location.</li> <li>C - Can I? Tell them that they can only light fires where they have permission to do so</li> <li>K - Kit - Check that they have equipment to put the fire out.</li> </ul>	Low
			Q • Continually monitor for developing hazards and appropriate behaviour.	

### Evening Sessions, including wide games, activities in a box, and craft type activities.

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Injury from a catapult	-		<ul> <li>Tasks and materials only allow small and controlled objects to be built.</li> </ul>	
elastic or projectile in	Participants Medium	Medium	$\mathbf{P}_{\mathfrak{Y}}$ o Tell spectators to stay behind the shooting area, give a demonstration shot.	Low



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk	
activities using this			• Supervise construction and use of tools, or creations.		
equipment.			Q o Check any object built prior to use for obvious hazards.		
			<ul> <li>Activity areas are inspected for hazards prior to use.</li> </ul>		
Injury from misuse of sports kit or other	Participants	Medium	<ul> <li>Give a clear explanation of the task and how any equipment should be used.</li> <li>Set suitable boundaries Activity supervised by a competent adult at all times to ensure that rules are complied with.</li> <li>Discuss any specific responsibilities with accompanying adults.</li> </ul>	Low	
equipment.			<ul> <li>Provide demonstrations for any equipment which is unfamiliar to participants.</li> <li>Provide supervision at all times to ensure rules are followed. Use accompanying adults to provide support.</li> </ul>		
			Q o Check comprehension of key safety rules.		
Cuts from paper edges and laminated plastic edges.	Participants	Low	<ul> <li>All instructors are first aid trained and have access to a first aid kit.</li> <li>Provide supervision at all times to ensure rules are followed. Use accompanying adults to provide support.</li> </ul>	Low	
	Participants		<ul> <li>Discuss the activities planned with the accompanying adults to ensure selection matches the needs of the group.</li> </ul>		
Choice of games incompatible with conditions		icipants Medium	<ul> <li>Consider the environmental conditions (weather, areas, hazards, and light levels),</li> <li>equipment available and objectives of the group when planning sessions and select</li> <li>games which are appropriate to conditions.</li> </ul>	Low	
			Q • Continually monitor conditions (weather, light, and ground) and be prepared to end or adapt the session if conditions are likely to increase risk.		
Injuries resulting from				<ul> <li>When games are played in low light conditions then torches should be used where the game area includes significant hazards or obstructions. Torches should also be used when the function of the game does not require darkness (e.g. games involving stealth do not require the use of torches, but those involving exploration do)</li> </ul>	
poor visibility at dusk or night.	Participants	Medium	<ul> <li>o Brief participants on the hazard of low light and the need to be vigilant for hazards.</li> <li>o Agree the game with the group leader – selecting an appropriate game for the conditions and the abilities of the group.</li> </ul>	Medium	
			• Identify and point out significant hazards or obstructions in the playing areas to participants.		



Hazardous Event	Who may be harmed?	Foreseeable Severity	Contro	rol Measures in Place $$ ( K Systematic controls, $igstar{}$ What to say, $igstar{}$ What to do, $igstar{}$ What to check)	Residual Risk
			Q	o Continually monitor conditions and make dynamic decisions to adapt ongoing play.	
Lack of support	All	Medium	4	<ul> <li>Booking information and centre staff should ensure accompanying adults are informed of off the additional support for ratios. 1 adult for every 12 participants</li> </ul>	
provided by additional adults.			<b>\$</b> >>	<ul> <li>Talk to the accompanying adult about the sessions, and their role and responsibility they have with in.</li> </ul>	Low
			₩	• Do not run the session if you do not have enough adults to ensure safe supervision.	

### Fencing

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residua Risk
			<ul> <li>All instructors hold the relevant BFA qualification.</li> </ul>	
Misuse of equipment	All	Medium	$ ho_{ m solution}$ o Give a clear explanation and demonstration of how to use all items of equipment.	Low
			<ul> <li>Only allow activity that is in line with BFA guidelines that you were trained in.</li> <li>Supprise all activities involving equipment.</li> </ul>	
			<ul> <li>Supervise all activities involving equipment.</li> </ul>	
Unsupervised use of equipment	All	Medium	• Remove or secure all equipment that is not being supervised	Low
	Other users	s Medium	• Tell the group that if they are not participating they must remain in designated safety	
Unauthorised access			area. Brief spectators where is safe to stand.	
to the fencing area			• Don't run the session where there is a high risk of other users walking through – e.g.	Low
during session			by footpaths. Corridors.	
			${f Q}$ o Be continually vigilant for other users who may be at risk.	
Slips, trips and falls	A 11	ll Low	🗣 🔊 💿 Brief participants about and slip hazards- e.g. damp grass.	Low
Sups, uips and faus	All		• Complete a pre-use check of the area to remove any obstructions.	LOW
Exhaustion	Participants	Low	<ul> <li>Ensure the group has access to water during hot weather</li> <li>Build in adequate breaks to the session plan</li> </ul>	Low
LXIIduSuOII	Farticipants	LOW	<ul> <li>Build in adequate breaks to the session plan.</li> </ul>	Low
			o Equipment is designed for novice use. Foils are plastic and protective jackets and	
Participants being			<ul> <li>Equipment is designed for novice use. Foils are plastic and protective jackets and masks are worn.</li> </ul>	
struck/injured by foils	Participants	articipants High	$\bullet$ Tell the group that they must wear a mask whenever they enter the activity areas.	Low
			<ul> <li>Ensure there is a clear safety/spectator area.</li> </ul>	



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( Systematic controls, 🗣 What to say, 🕊 What to do, 🭳 What to check)	Residual Risk
			Q o Continually monitor that participants are wearing masks.	

### Frisbee Golf (Instructed)

Hazardous Event		Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
		Medium	• Frisbees are plastic and not likely to cause any serious level of injury if struck	
Impact with Frisbee disc	Participants		<ul> <li>Brief participants on throwing technique and give them a demonstration.</li> <li>Tell the group that they must not stand in front of someone throwing a Frisbee – i.e. they should not move further than then furthest back Frisbee</li> </ul>	Low
Players throwing Frisbees into dangerous areas	Participants	ticipants High	<ul> <li>Explain clear boundaries and identify known hazards.</li> <li>Instruct groups that if they lose a Frisbee and can retrieve it (e.g. out of bounds, in a tree) that they should inform the instructor.</li> </ul>	Low
			• Select playing areas away from known hazards (e.g. ponds, active roads)	

### Low Ropes

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ${}^{}$ & Systematic controls, $lacksquare$ What to say, $lacksquare$ What to do, $lacksquare$ What to check)	Residual Risk
Falling Tree Branches.	All.	Medium.	<ul> <li>Quarterly base checks completed to detect developing hazards and concerns.</li> <li>Trees are inspected by a competent person annually to check that they are still structurally sound.</li> <li>Participants all wear helmets in case their heads connect with a tree branch.</li> </ul>	Low
			${f Q}$ o Complete a daily check of the base to identify hazards	
Injury to group out of	Participants.		<ul> <li>Course is designed so that there is a good field of visibility throughout.</li> </ul>	
Injury to group out of instructor's line of sight.		Medium.	<ul> <li>Use dynamic positioning to be able to adequately supervise the entire group.</li> <li>Use accompanying adult to assist in supervision of parts of the course which are further away.</li> </ul>	Low
Injury from falling off elements	Participants	Medium	o This hazard covered in the generic risk assessment	Low
Injury from entrapment of fingers	Participants		<ul> <li>Quarterly base checks completed to detect developing hazards and concerns.</li> </ul>	
		Medium	$\bullet$ o Tell the group not to put fingers in karabiners, rings, staples or similar connections.	Low

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#### Orienteering

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place (# Systematic controls 🐨 What to say 🕷 What to do 😣 What to check)	Residual Risk							
Players going into dangerous areas (e.g.			<ul> <li>Explain clear boundaries and identify known hazards.</li> <li>Instruct groups that they must not cross fences/boundaries other than at access points, and must not enter buildings.</li> <li>Explain the clear process for recall (e.g. whistle)</li> <li>Give clear time limits and check they have means of keeping time.</li> </ul>	1							
maintenance yards, roads, near water	Participants	High	• Deliver a progressive session that teaches participants how to read and interpret the map – show them what to look out for as hazards from the mapping.	Low							
etc)or leaving site			<ul> <li>If you are not confident in a group/individuals ability then they must not be sent on extensive legs, or far from direct supervision. (an adult can be sent with a group if considered advisable, or sent to provide supervision in a different area)</li> </ul>	_							
	Participant							<ul> <li>Centres lost-child procedure to be used if the instructor is unable to find a participant within their agreed time frames.</li> <li>Instructors trained in procedure for if a participant does not return – Contact duty manager, search areas with group but leave someone at "home" location.</li> </ul>			
Lost Darticipant		High	<ul> <li>Give clear time limits and use competitive penalties.</li> <li>Tell participants to wait where they are if they get lost – or ask an adult to direct them to the activity centre reception.</li> </ul>	Medium							
Lost Participant			High	High	High	пign	High	підп	nt nign	<ul> <li>Conduct regular head counts</li> <li>If you are not confident in a group/individuals ability then they must not be sent on extensive legs, or far from direct supervision. (an adult can be sent with a group if considered advisable, or sent to provide supervision in a different area)</li> </ul>	mediulli
			<ul> <li>If you are not confident in a group/individuals ability then they must not be sent on extensive legs, or far from direct supervision. (an adult can be sent with a group if considered advisable, or sent to provide supervision in a different area)</li> </ul>								

### Pedal Go-Karts (Instructed)

Hazardous Event	Who may be	Foreseeable	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual
	harmed?	Severity		Risk
	All Medium		<ul> <li>Perimeter of kart track clearly identified and marked with Tyres.</li> </ul>	
Impact from karts		from karts All	${f e}_{N}$ $\circ$ Instructor spectators to stay outside the track and not enter inside during racing.	Low



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 🏕 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk	
			<ul> <li>Provide direct supervision or delegate to an accompanying adult with suitable instructions.</li> </ul>		
			<ul> <li>All drivers must wear helmets.</li> </ul>		
Impact with the			🗣 🕡 💿 Brief participants not to aim at stationary objects.		
ground/stationary object	Participants	Medium	• Provide direct supervision or delegate to an accompanying adult with suitable instructions.	Low	
			Q o Check that helmets are correctly fitted.		
	Participants	ants Medium	<ul> <li>Tell participants that karts must travel in the same direction at all times</li> <li>Brief participants not to aim at other karts</li> </ul>		
Impact with other carts			Medium	<ul> <li>Provide direct supervision or delegate to an accompanying adult with suitable instructions.</li> </ul>	Low
			${\sf Q}$ o Check that participants are not driving recklessly or aiming for other karts.		
Manual Handling	Instructors, Participants	Medium	<ul> <li>All Karts taken to and from the track using their wheels. Karts may be driven to the track if the driver wears a helmet and uses a pre-planned smooth route.</li> <li>If Karts need lifting this should be completed by two people following good manual handling techniques – plan the lift, lift with legs, natural back position.</li> </ul>	Low	
Mechanical failure or entanglement in	Participant	ipant Medium	<ul> <li>Pedal go carts use simple mechanics and have guards in place over moving parts of the mechanism.</li> <li>Pedal go carts are checked by on a quarterly basis for developing faults.</li> </ul>	Low	
mechanism			Q o Complete a pre-use check of all karts. Do not use karts which are missing guards.		

### Pioneering (instructed)

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( K Systematic controls, 🗣 What to say, 🍟 What to do, 🔍 What to check)	Residual Risk
Most hazards covered in	generic on gro	ound risk asse	essment (manual handling of equipment, build structures etc)	
Crushed Fingers	Participants and staff	Medium	• Tell and demonstrate to participants how to correctly pick up and lower logs, keeping speed slow and communicating with each other. Highlight the hazards to them.	Low
	All	Medium	• Tell participants how to stop the buggy.	
Collision with Buggy (If building buggies)			<ul> <li>Include a specific practice phase for controlled stopping.</li> </ul>	Low
			Q o Monitor throughout and position yourself where you can be most effective.	

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Hazardous Event	Who may be harmed?	Foreseeable Severity	Contr	rol Measures in Place 🛛 🏕 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Cold water shock and Drowning if building over water elements.	AUL H	High	¢.	<ul> <li>Instructors are trained with water emersion, e.g. Hypothermia and reach rescues.</li> <li>Life ring attached to pole on platform and instructors trained to use it.</li> </ul>	
			High	<b>•</b> »	<ul> <li>Tell the group that they should avoid going in the water if possible.</li> <li>Make the group aware of hazard, explain what to do if they fall in.</li> </ul>
			₩	o Be prepared to halt the session and dry/warm up if someone does fall in to the water.	

### Rocket Launch (water rockets)

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Hit be a rocket during launch	All	Medium	<ul> <li>Make a dynamic decision about who should launch the rocket – for younger groups or if there are behavioural issues an adult might be the most appropriate person.</li> <li>Pay attention to the wind speed and direction when picking a launch site and rocket orientation so it does not move towards people</li> <li>Only the person using the rocket launcher (pump) may be near rocket, the rest of the group must wait behind the rocket in safety zone</li> </ul>	Low
			Q o Check that the launch zone is clear of people before launching.	
			$\bullet$ Set boundaries to stop the group accessing the launch zone / range when firing,	
Hit by a falling rocket			<ul> <li>Launch zone to be laid out in unused area with a clear overshoot zone</li> <li></li> </ul>	Low
			Q o Check that the launch zone / range is clear of people before launching.	
Bottle explodes			<ul> <li>The rocket must be constructed of soft material (paper, bubble wrap, tissue etc.) and have no sharp objects to reduce impact from collision</li> <li>Only standard drinks bottles to be used, with manufactured RockIt kit fitted as per the instruction manual.</li> </ul>	Low
			Q o Visually inspect rockets for damage before launching them	

### Sensory Trail

Hazardous	s Event		Foreseeable Severity	<b>Control Measures in Place</b> ( Systematic controls, $\mathbf{P}$ What to say, $\mathbf{\Psi}$ What to do, $\mathbf{Q}$ What to check)	Residual Risk
	Pa	articipants	Medium	• Obstacles which form part of the course are managed to have no sharp corners or edges which can be collided with.	Medium



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
			• Brief the group on the activity, to move slowly and use their hands to feel ahead of them.	
Collision with people / objects whilst blindfolded.			<ul> <li>Supervise activity, keep those blindfolded safe from impacting other people or obstacles in a way that could injure them.</li> </ul>	
bundrouded.			<ul> <li>Use accompanying adult to provide supervision in areas where impact with structures is more likely.</li> </ul>	
Natural hazards while	Participants	ts Low	• Set clear boundaries for where to go and ensure there is a means for these to be observed (e.g. working in pairs, using the accompanying adult, verbal control)	
taking part in activities			• Don't complete activities near significant hazards – e.g. edges, water, stinging nettles, and roads.	Low
Other users walking into the night line	Participants	Low	• The trail is easy to see and does not cross footpaths.	Low
			<ul> <li>Tell the group never to wrap ropes around their arms or any other body parts</li> <li>Tell the group to use the palm of their hand to feel for rope when at obstacles</li> </ul>	
Entanglement and strangulation	Participants	s Medium	<ul> <li>Supervise activity, keep those blindfolded safe from impacting other people or</li> <li>Supervise in a way that could injure them</li> </ul>	Low
			<ul> <li>Use accompanying adult to provide supervision in areas where impact with structures is more likely.</li> </ul>	

### **Shelter Building**

Hazardous Event	Who may be harmed?	Foreseeable Severity	Contro	l Measures in Place 🛛 (🏶 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Injury from foreign	Participants		Ø.	o Shelter build are checked quarterly for developing hazards.	
objects or dangerous items in area		Medium	Q	<ul> <li>Check the area prior to use with a daily check. Ensure that any hazards are removed (e.g. timber with nails)</li> <li>Check trees for broken branches and hanging dead wood.</li> </ul>	Low
Injury from moving construction material	Participants and staff	medium	<b>9</b> :»	<ul> <li>Tell the group to:</li> <li>stay within a designated area (explain clear boundaries),</li> <li>Look around them (up and down) as they walk around the woods.</li> <li>not move objects which are too big and heavy, (consider using a benchmark such as no thicker than your arm), and get help with large and long objects,</li> <li>be aware of others people so you don't hit them with sticks</li> </ul>	Low



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place 🛛 ( Systematic controls, 🗣 What to say, 🍟 What to do, 🍳 What to check)	Residual Risk
			<ul> <li>Don't carry too much at one time.</li> </ul>	
Shelter collapse on	Derticinente	Madium	$\bullet_{\mathfrak{M}}$ o Briefed not to climb on top of shelters.	Madium
participants	Participants	Medium	$\mathbf{Q}$ o Teach participants to shake shelter before climbing inside and check it is sturdy.	Medium
	All		• All instructors are first aid trained and have access to a first aid kit.	Low
Scratches and splinters		Low	• Warn the group about the possibility of splinters and tell them avoid any wood which looks like a hazard, this includes	
			• Show them any hazardous vegetation such as stinging nettles or thorns.	
Rope entrapment, burns or strangulation	All	Medium	<ul> <li>Teach participants how to use string or rope properly- including suitable knots, and the being careful not to create trip hazards.</li> <li>Teach participants how to use bungees or elastics carefully, and the being careful not to create trip hazards, and not to overstretch them.</li> </ul>	Low
			${f Q}$ o Check for developing hazards such as string tied across paths.	

### Site Work

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control	Measures in Place 🛛 🌾 Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Complex site work tasks	s (e.g. those inv	volving use of	high haz	ard tools) require a separate risk assessment.	
Injuries from misuse of building materials and supplies	All	High	<b>*</b> »	<ul> <li>Participants must be briefed on the safety rules they need to follow, including boundaries, any hazard, what PPE they need and if there are any restrictions on which tasks they can or cannot perform.</li> <li>All materials to be stored neatly inside a build area as not to create a trip hazard.</li> <li>Supervise use of paints or chemicals in line with manufactures guidelines on the tin, and any controls in the COSHH assessment.</li> <li>Gloves to be issued to participants when moving or collecting materials.</li> <li>PPE should be issued for the task – e.g. gloves, eye protection, and dust masks.</li> <li>Provide supervision, or give clear delegated authority to supervise to another adult – this includes discussion responsibilities clearly with them.</li> </ul>	Low
Infection if litter picking or similar	All	Medium		<ul> <li>Remind participants to wash their hands after the activity.</li> <li>Participants to wear gloves when litter picking.</li> <li>Any cuts should be appropriately cleaned and dressed by a first aider.</li> </ul>	Low



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place de Systematic controls 🗣 What to say 🖉 What to do 🛰 What to check)	Residual Risk			
Injury from incorrect use of tools		Llich	<ul> <li>Instructors must undergo training themselves on how to use any tools that will be used following the relevant training plan (e.g. hand tools)</li> <li>Controls in General Risk Assessments for tools use must also be followed.</li> </ul>				
	All	High	<ul> <li>Participants must be trained in correct use of tools – this must include practice and then close of supervision.</li> <li>PPE should be issued for the task – e.g. gloves, eye protection, and dust masks.</li> </ul>	Low			
Injury during manual handling tasks.		Medium	• Site work should be designed so that unnecessary lifting is avoided, e.g. making use of manual handling aids, or having supplies delivered direct to point of use.				
	All		Medium	Medium	Medium	<ul> <li>o Give clear rules given about what can be used or moved, and how to do this safely</li> <li>o Use simple rules e.g. "if it's bigger than you, it takes two"</li> <li>o For heavy items give clear simple instructions e.g. "Use your legs to lift, head up, natural back position, walk don't run".</li> </ul>	Medium
				${f Q}$ $\circ$ Check that participants have understood the rules for lifting.			

### **Team Building**

Hazardous Event		Foreseeable Severity	Control Measures in Place ( Kernet Systematic controls, $\mathbf{F}$ What to say, $\mathbf{\Psi}$ What to do, $\mathbf{Q}$ What to check)	Residual Risk		
All foreseeable hazards covered by generic risk assessment. Ongoing dynamic risk assessment by instructor to be used relevant to each task being completed.						

### **Tomahawk Throwing**

Hazardous Event		Foreseeable Severity	Contro	Measures in Place ( Kernet Systematic controls, $\mathbf{F}$ What to say, $\mathbf{F}$ What to do, $\mathbf{Q}$ What to check)	Residual Risk	
Injury from poor instruction	All	High	đ <sub>a</sub>	<ul> <li>All instructors are to have completed Tomahawk training as specified on the Tomahawk Throwing APS, or an equivalent course led by an external body.</li> </ul>	Low	
Tomahawks/angels				\$	o Session is progressive with the opportunity to develop skills under direct coaching.	
Practice Sticks hitting Participants	Participants and staff	High	<b>•</b> >>	<ul> <li>Provide a clear demonstration and explanation of how to throw, use the standard commands identified in the Technical Support Document.</li> <li>Tell the group that is a tomahawk/angel bounces back to step out of the way</li> </ul>	Low	



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk	
			<ul> <li>Tell participants to aim at points marked on the targets minimum 200mm apart to minimise chance of collision and bounce back.</li> </ul>		
			$\bullet$ Don't let participants in the activity area unless it is their turn.		
			<ul> <li>Q o Use the session structure in the TSD to check participants are able to throw safely.</li> <li>O Visually check the range is clear before giving the command to throw.</li> </ul>		
			• Session is progressive with the opportunity to develop skills under direct coaching.		
Misuse of Tomahawks/angels	Participants		<ul> <li>Provide a clear demonstration and explanation of how to throw, use the standard commands identified in the Technical Support Document.</li> </ul>		
Practice Sticks (e.g.	and staff	High	• Ensure the tomahawks are not taken out of the activity areas	Low	
thrown dangerously)			<ul> <li>Check that participants do not have access to the equipment when they are not being supervised, don't leave angels/tomahawks at the throwing line if you go to collect equipment at the targets.</li> </ul>		
Tomahawk/angel being over thrown or released backwards	Spectators	High	<ul> <li>Overshoot areas are marked and fenced to prevent entry.</li> <li>Spectating areas clearly demarked and protected by either position or suitable mesh.</li> </ul>	Low	
Entanglement while throwing	Participants and staff	Medium	Q•Check that scout scarves removed, long hair tied back, long earrings removed or taped over. Clothing checked for 'baggy' sleeves.	Low	
Injury from damaged handle/angel	Participant	Low	<ul> <li>Ask participants to check from sharp edges on handles when they pick up an angel/tomahawk and report any to the you</li> <li>Tell participants to aim at points marked on the targets minimum 200mm apart to minimise chance of collision and bounce back.</li> <li>Instruct participants that if an angel hits another angel at any time, they should check if a sharp edge has been created and report sharp edges to the instructor</li> <li>Simple repair can be completed on the range (sanding or filing a small edge), otherwise the damaged item should be removed from use and guarantined.</li> </ul>	Medium	
			Q • All items to be inspected prior to use.	-	
Injury while collecting	Darticiaanta	Madium	• Target faces must be secure to the frame, and the frame should be secure so that there is no possibility of it tipping over when tomahawks are removed.	Low:	
Tomahawks/angels Practice Sticks	Participants Medium	Participants	Participants Medium	<ul> <li>Demonstrate and explain how to walk up the side of the range then round to their respective target to avoid any tomahawks fallen on the floor.</li> <li>Tell participants to collect angels from the target before collecting from the floor</li> </ul>	Low



Hazardous Event	 Foreseeable Severity	Control Measures in Place 🦉 Systematic controls. 🍽 What to say 🖉 What to do. 🛰 What to check)	Residual Risk
		<ul> <li>Show them how to remove angels/tomahawks, including using one hand on the target to ensure it doesn't fall over, and placing any which have already been collected in a safe place.</li> </ul>	

### Tunnel Trail

Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Mascurac in Place (13 Systematic controls 🐨 W/batto cay 🖤 W/batto da 😒 W/batto chask)	Residual Risk
Slips, trips and falls in and around the tunnels	Participants and staff	High	<ul> <li>Brief the group that the surrounding areas could potentially be slippery, instruct them to walk (not run) between tunnels and be aware of surroundings.</li> <li>At the start of the session walk the whole group around the tunnels showing them where the entrances and exits are and pointing out slip/trip hazards.</li> <li>Dynamically move around the activity to be in the most useful positon when you are supervising - make use of other adults to support this.</li> </ul>	Low
Injury from falling through/into the top exits	Participants and staff	High	<ul> <li>Briefed the group to spot for their partners (hands up ready to support the,) when coming out of top exits and to step off of the tops on to the ground once through.</li> <li>Tell them that only one person can enter/exit a top exit at a time.</li> <li>Show the group the location of top exits.</li> <li>If appropriate use other competent adults to help/spot participants entering/exiting top exits – this may means giving some simple instructions to accompanying adults.</li> </ul>	Medium
Entanglement or snagging of loose items in the tunnels	Participants and staff	Medium	<ul> <li>Check that scout scarves removed, long hair tied back, long earrings removed or taped over. Clothing checked for 'baggy' sleeves.</li> </ul>	Low
Participant stuck or struggling in tunnel system	Participant	High	<ul> <li>Participants have the opportunity to practice the use of the tunnels in short sections at the start of the session</li> <li>Provide voice guidance and use of whistle to help participants find exits and evacuate.</li> <li>Use the rescue rope to help pull a conscious casualty out of the system, they should lie on their back and be passed a rope to hold on to,</li> <li>If casualty is unconscious (with no spinal injury) use a flexible stretcher and rescue rope to pull the unconscious casualty out.</li> <li>When pulling on a rope the rest of the group should provide puling power to reduce manual handling risks.</li> </ul>	Medium



Hazardous Event	Who may be harmed?	Foreseeable Severity	Control Measures in Place ( Systematic controls, 🗣 What to say, 🕊 What to do, 🔍 What to check)	Residual Risk
Participants panic due to lack of light	Participants	Low	<ul> <li>Instructor to have access to spare torch.</li> <li>Emergency bag to contain snap glow sticks.</li> </ul>	Low
Lost participant			• Instructors are trained to know which tunnels lead to which exits, and have a map of the system.	
	Participants and staff		<ul> <li>Tell participants to remain in pairs or threes.</li> <li>Give clear time limits, competitive penalties, and a clear explanation of any tasks or games which are to be performed – use demonstrations where appropriate.</li> <li>Briefed to wait where they are if they get lost – or if possible ask an adult to direct them to the activity centre reception.</li> </ul>	
		Medium	<ul> <li>AT the start of the session take the group to the start location and brief them to return here once they have exited the tunnels.</li> <li>Show the group every exit at the start of the tunnel. and</li> <li>Conduct regular head counts of the group.</li> <li>If a participant does not return;</li> <li>Contact duty manager,</li> <li>Search tunnel areas with the group but leave someone at "home" location</li> <li>If you cannot find them the duty manager will use the Lost Child Procedure.</li> </ul>	Low
Participants having a panic attack	Participants	High	<ul> <li>Participants have the opportunity to practice the use of the tunnels in short sections at the start of the session</li> <li>If you have a panicked participant then follow these steps in order:         <ul> <li>Tell them to focus on breathing, and calm down before continuing</li> <li>Encourage them out in the right direction</li> <li>Get into the tunnel and talk them out (ensure the rest of the group are safe first),</li> <li>Give them a rope to hold on to and guide them,</li> <li>If that fails contact duty manager who will start the rescue procedure.</li> </ul> </li> </ul>	Medium
Collapse of the tunnel system	Participants	High	<ul> <li>The tunnel system is inspected every 3 years by an external company.</li> <li>Quarterly checks of activity bases and equipment are completed by people qualified to instruct the activity to identify any defects or developing hazards.</li> <li>Complete a peruse check of the tunnels system by walking around the perimeter and over the top to spot for any abnormalities.</li> </ul>	Low

