

Example Programme Weekend Residential

Adventure for All

Day 1

19:00 Welcome to the Centre! See where you will be staying, find your way around key locations, meet the team. We can cater for this evening meal on Day 1 – but depending on your arrival time you may wish to eat earlier.

Our instructors will lead a short activity for the whole group to help everyone safely find their way around the Centre – e.g. a photo scavenger hunt, or explorer trail.

20:30 Free time, followed by sleep! We recommend teachers/leaders give their group a clear bedtime and lights out time based on their age.

Day 2

08:00 Breakfast!

09:15 A morning of activities led by our instructors; this will be two 1.5-hour activity sessions. For instance, Climbing and Team Building. We ask teachers/leaders to attend and take an active role in these sessions.

12:30 Lunch and free time.

13:30 Self-Led activity led by teachers/leaders - these are some of the most valuable sessions on the residential; connecting young people with adults and building strong working relationships. Example self-led activities include Aeroball, Pedal Go-carts, Sensory Trail, and Mini-Pioneering.

17:30 Free time and dinner.

19:30 Campfire! An instructed campfire on the last night of a residential is a tradition at Scout Adventures. Our campfires are interactive, loud and fun!

20:30 Free time, followed by sleep!



What about the self-led activities and free time?

We will provide full instructions and brief the supervising adults on how to supervise the self-led activities we provide to help you ensure they are both fun and safe.

Our centres are the perfect safe space for young people to be free and explore – this gives them the perfect opportunity to do so. Learning to take responsibility and manage their own well-being is a key life skill and is one of the main benefits to young people participating in a residential.

[Read this document](#) from the English Outdoor Council and Outdoor Education Advisors Panel to find out more about balancing risks and benefits in the Outdoors.

Day 3

08:00 Breakfast!

09:15 A morning of activities led by our instructors; this will be two 1.5-hour activity sessions. For instance, Archery and Bushcraft.

12:30 Lunch and end of residential questionnaire (completed by all participants). Then head home to wash off the mud!

